

YOUNG MEN IN CUSTODY AND SUICIDE PREVENTION

ONE DAY TRAINING COURSE

- Defining suicidality in the context of adolescence
- Considering attitudes towards suicide
- Highlighting current statistics and trends
- Recognising risk and indicators of suicide
- Considering the impact of working with suicidal young men in custody
- Exploring effective interventions from an age and gender appropriate perspective
- Considering good practice within the prison service



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Young males in custody have one of the highest rates of suicide compared to the rest of the population. Their levels of emotional distress are often expressed in destructive ways which can be difficult to understand.

This training will allow prison staff to reflect on the issues facing adolescent males who are suicidal, as well as providing staff with the opportunity to consider their own attitudes and reactions to these distress behaviours.

Through discussion, case studies and practical exercises, staff will explore the complexities around suicide prevention, as well as considering the specific needs of adolescent males in custody and staff support issues.

Trainer: Niki D (psychotherapist)