

YOUNG PEOPLE AND SUICIDE PREVENTION

ONE DAY TRAINING COURSE

- Defining suicidality in the context of adolescence
- Considering attitudes towards suicide
- Highlighting current statistics and trends
- Recognising risk and indicators of suicide
- Considering the impact of working with suicidal young people
- Exploring effective interventions from an age and gender appropriate perspective
- Considering good practice within agencies



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Young people have one of the highest rates of suicide compared to the rest of the population. Their levels of emotional distress are often expressed in destructive ways which can be difficult to understand.

This training will allow staff to reflect on the issues facing adolescents who are suicidal, as well as providing staff with the opportunity to consider their own attitudes and reactions to these distress behaviours.

Through discussion, case studies and practical exercises, staff will explore the complexities around suicide prevention, as well as considering the specific needs of young people and staff support issues.

Trainer: Niki D (psychotherapist)