

# YOUNG WOMEN IN CUSTODY & SUICIDE PREVENTION

## ONE DAY TRAINING COURSE

- Defining suicidality in the context of adolescence
- Considering attitudes towards suicide
- Highlighting current statistics and trends
- Recognising risk and indicators of suicide
- Considering the impact of working with suicidal young women in custody
- Exploring effective interventions from an age and gender appropriate perspective
- Considering good practice within the prison service

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Many young females in custody experience suicidal feelings, as their levels of emotional distress are often expressed in destructive ways. This training will allow staff to reflect on the issues facing adolescent females who are suicidal, as well as providing staff with an opportunity to consider their own attitudes and reactions to these distress behaviours.

Through discussion, case studies and practical exercises, staff will explore the complexities around suicide prevention, as well as considering the specific needs of adolescent females in custody and staff support issues.

**Trainer: Niki D (psychotherapist)**