

UNDERSTANDING THE IMPACT OF CHILDHOOD TRAUMA ON YOUNG PEOPLE

ONE DAY TRAINING COURSE

- Identifying the main factors present in child abuse and neglect
- Understanding the effects of trauma on the development of the child
- Identifying the ways childhood trauma continues to impact on adolescents
- Defining complex post-traumatic stress disorder
- Considering resilience and recovery
- Developing effective staff interaction with young people who are abuse survivors
- Exploring good practice within agencies

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This training will allow staff to develop an awareness of the signs to look out for in adolescents who are abuse survivors, and to gain a fuller understanding of the complex issues which are known to affect teenagers, including childhood sexual, physical and emotional abuse and violent and chaotic family backgrounds, so that they can help young people access appropriate help.

The impact of such damaging experiences on children and teenagers cognitive, psychological and emotional development will be considered, as well as the manner in which such young people can 'act out' their own distress through exhibiting challenging behaviours and destructive relationships with themselves and others.

With specific training on an issue that affects many young people, staff will be able to respond more effectively and sensitively to young people who have abuse histories and build positive working relationships with them.

Trainer: Niki D (psychotherapist)